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POST-OPERATIVE INSTRUCTIONS FOR MICRO-IMPLANT CARE

You have just received one or more micro-implants also known as TADs (Temporary Anchorage Devices). Your micro-implant will help you greatly in achieving our treatment objectives. However, micro-implants are delicate and can loosen and fall out. Here are some things to watch:

Home Care

- Be careful with an electric toothbrush (especially Sonicare or any vibrating brush), and do not touch the micro-implant with a vibrating brush head.
- Keep the area of the micro-implant clean by gently using the proxy brushes that we have provided.
- Use a salt-water rinse before bed.

Food

- Hard, crunchy, chewy, and sticky foods can hit or stick to the micro-implant and cause it to loosen. Please be aware of this, and be careful to avoid this problem.

Habits

- There is a possibility that habits like clenching and bruxing can loosen micro-implants. While this may be hard for you to control, we would like you to be aware.

Activities

- Trauma to the area can loosen the micro-implant. Be aware that sports may involve injury to the face and can increase the risk of loosening the micro-implant.

Discomfort

- Typically you will not need any medication for discomfort. You may take an Ibuprofen only if you need it.

Your micro-implant is an invaluable addition to your orthodontic treatment. Please be in charge of taking care of it, as it is an essential part of your specialized treatment. If you have any questions that need to be answered please feel free to call our office at 272-4242 or you may email Dr. Housley at drhousley@owassoorthodontics.com or Dr. Dobson at drdobson@owassoorthodontics.com

THANK YOU,

DR. HOUSLEY, DR. DOBSON, AND STAFF